



# provin group

## corporate catering

Amazing Food | Amazing Value

Menus

## *Amazing Food, Amazing Value*

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With over 30 years in the industry, the Provin Group specialises in corporate catering and events in Sydney. We source all our ingredients from sustainable farms to bring the freshest food and beverages to our clients tables. Our famed hospitality will always compliment your office and corporate functions, providing a reliable, experienced and punctual service for an amazing value.

## *Dietary Requirements*

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Provin Group caters to all dietary requirements and will always accommodate all requests to ensure our clients are able to enjoy our fresh farm to table food.

Below is a legend of common preferences we cater to per meal.

(v) Vegan | (vg) Vegetarian | (gf) Gluten free

If you require any further dietary assistance please talk to one of our event specialists for additional customised options.

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Daily Essentials Menu

## *The Daily Essentials*

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Our Daily Essentials Menu is healthy, fresh and ideal for office meetings and small conferences looking for amazing food at amazing value. Inspired by our farm to table practice our Daily Essentials Menu covers all your breakfast, lunch, morning and afternoon tea needs, featuring rustic country classics, a Vietnamese tasting menu plus hot and cold finger food.

A lite version of the Daily Essentials Menu featuring popular items and packages is available for online ordering for our client's ease. Choose from a selection of fruit kebabs, breakfast pies, cakes and slices, Asian inspired deli boxes, gourmet sandwiches, wraps, rice paper rolls and more!

Our Daily Essential menu starts with a minimum of 10 guests and extends to 500 or more. As with all Provin Group menus our menu meets all dietary requirements and is customisable to suit any dietary restrictions.

View our Daily Essentials menu and call to speak to one of our event specialists to place an order for your next event.

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## *Breakfast*

### **COOL BREAKFAST ITEMS**

**Glazed Danish Pastry | \$3.65**

**Mini Muffin | \$3.65**

Apple & cinnamon, blueberry or chocolate

**Coconut Bread | \$4.00**

with Berry Cream Cheese Spread

**Banana Bread (vg) (gf +\$1) | \$4.00**

with Vanilla Cream Cheese Spread

**Fresh Fruit Salad (vg, gf) | \$4.20**

with Honey Yoghurt and Toasted Granola

**Vanilla and Honey Yogurt Parfait (vg, gf) | \$4.20**

with Fruit Compote

**Fresh Fruit Kebab (vg, gf) | \$3.25**

**Fresh Fruit Platter (price per person) (vg, gf) | \$5.95**

## *Breakfast*

### **WARM BREAKFAST ITEMS**

**Savoury Filled Butter Croissants | \$4.95**

Champagne ham with Swiss cheese

Roma tomato with Swiss cheese

**Breakfast Pies (vg) | \$5.25**

Roast tomato and spinach | Bacon & free range egg

**Daily Baked Frittatas (gf) | \$4.5**

Goats cheese & oven roasted mushrooms | Smoked salmon & asparagus |

Pumpkin, spinach & feta

## *Breakfast*

### **BREAKFAST MENUS**

#### **Mini Muffin & Danish Menu | \$6.5**

1 mini muffins, 1 glazed Danish pastry

#### **Breakfast Menu 1 | \$11.5**

1 fruit kebab, 1 glazed Danish pastry, 1 breakfast pie

#### **Breakfast Menu 2 | \$11.85**

1 fruit kebab, 1 glazed Danish pastry, 1 ham & cheese croissant

#### **Traditional Breakfast Menu | \$13.5**

1 fruit cup, 1 glazed Danish pastry, 1 breakfast pie, served with yogurt and muesli cup

## *Morning & Afternoon Tea*

### **SWEET ITEMS**

**Handmade Cookies | \$2.50**

Traditional flavours

**Variety of Cakes and Slices | \$3.5**

Mango coconut mousse cake | Chocolate & walnut brownie | Orange & poppy seed cake |  
Carrot cake with walnut frosting | Coconut slice | Lemon cake | Banana & almond cupcake |  
Pear & raspberry slice (gf) | Orange & almond cake (gf)

**Mini Muffin Selection | \$3.65**

Banana | Blueberry | Chocolate

**Scones | \$4.25**

Served with strawberry jam & cream

**Green Tea Tiramisu | \$4.00**

## *Morning & Afternoon Tea*

### **HEALTHY SWEETS**

Protein Balls or Muesli Slice Selection | \$4.50

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## *Morning & Afternoon Tea*

### SAVOURY ITEMS

#### Traditional Finger Sandwiches | \$3.25

Traditional fillings available on white, wholemeal & grain

#### Daily Baked Tartlets | \$4.95

Chicken, leak & fresh thyme | Goats cheese & oven roasted mushrooms |

Smoked salmon & asparagus | Pumpkin, spinach & feta | Crisp pancetta, tomato and cheddar

#### Daily Baked Frittatas (gf) | \$4.5

Goats cheese & oven roasted mushrooms | Smoked salmon & asparagus |

Pumpkin, spinach & feta

### PLATTERS

#### Fresh Carved Fruit (v, vg, gf) | \$5.95

#### Premium Cheese Selection | \$8.80

A selection of premium hard and soft cheeses with dried fruit and nuts

## Lunch

### Banh Mi Menu | \$11.5

Fresh sesame seed bread roll with (pork, chicken, or vegetarian duck) filling, capsicum, cucumber, coriander and soy sauce. Plus one spring roll

### Traditional Menu | \$10

Gourmet thick filled sandwich triangles with our weekly range of fillings

Recommended 1.5 per person for \$14.00

### Classic Menu | \$15.5

Gourmet thick filled sandwich triangles & tortilla wraps or Bavarian rolls

### Wellbeing Menu | \$17.5

Deli Salad Box & gourmet thick filled sandwich triangles

### Vietnamese Wellbeing Menu | \$17.50

Saigon Deli Box and 1 rice paper rolls

### Wellbeing Quiche Menu (vg) | \$17.50

Freshly baked quiche, salad & 2 gourmet thick filled sandwich triangles or Bavarian rolls

### Signature Menu (vg) | \$18.5

Gourmet thick filled sandwich triangles, fresh tortilla wrap, daily baked tartlet & 1 rice paper rolls

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## *Lunch*

### Salad Cup Menu (vg) | \$21.50

1 salad cup, 2 gourmet thick filled sandwich triangles, 1 daily baked tartlet  
plus 2 rice paper rolls

### Chef's Selection Menu (vg) | \$21.50

Deli Box, thick filled Bavarian roll, daily baked tartlet plus 2 rice paper rolls

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## *Platters*

### Dips & Vegetable Platter (vg)

Four house made dips, fresh cut vegetables, marinated olives and house made oregano toasts

\$39.00 for 10 guests. \$74.00 for 20 guests

### Antipasto Plate

With shaved cured and smoked meats, marinated feta cheese, house dips, marinated olives,

marinated fire roasted peppers and house made oregano toasts

\$77.00 for 10 guests. \$150.00 for 20 guests

### Cheese Platter

A selection of four Australian cheeses with fig and walnut salami, dried fruits

with a selection of water crackers

\$77.00 for 10 guests. \$150.00 for 20 guests

## *Finger Foods*

### **HOT BITES**

Chicken & Rocket Sesame Pastries | \$3.5  
with Spicy Tomato Dip

Pumpkin & Mozzarella Arancini (vg) | \$3.5  
with Pesto Mayonnaise

Miniature Beef Steak Pies | \$3.5

Hanoi Chicken Bites | \$3.5  
with Sweet Chilli & Fresh Mint

## *Finger Foods*

### COOL BITES

Salmon, Dill & Creme Fraiche Tart | \$3.5

Rice Paper Wrap (vg) | \$3.5

with Glazed Chicken & Asian Greens

Rice Paper Roll (v, vg, gf) | \$3.5

with Julienne of Fresh Vegetables, Tofu, Crisp Fried Shallots & Thai Basil

## *Vietnamese Tasting Menu*

**\$26.75 pp**

### Rice Paper Roll (v, vg, gf) | Goi Cuon

Your choice of prawn, pork or chicken with herbs and rice noodles wrapped in rice paper

### Duck Pancake

House roasted duck breast with shallot and special sauce wrapped in a traditional pancake

### Grilled Beef Steamed Roll (gf)

Tender beef cooked with lemongrass, sesame, fresh herbs and house special Hoisin sauce  
(or)

### Grilled Tofu Steamed Roll (v) (gf)

Grilled lemongrass marinated tofu with daikon, fresh herbs and house sauce

### Saigon Prawn (gf)

Salt & pepper tiger prawn with traditional house fish sauce

### Saigon Deli Box (gf)

Vietnamese noodles with grilled pork, prawns and Vietnamese spring roll with fresh Asian herbs, traditional pickles and house fish sauce  
(or)

### Vegetarian Saigon Deli Box (v, vg, gf)

Vietnamese noodles with tofu & Vietnamese vegetarian spring roll with fresh Asian herbs and traditional pickles

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## *Beverages*

### Coffee and Tea | \$3.50 (pp)

Air pots of freshly brewed premium coffee and a selection of teas delivered with disposable cups, stirrers, milk & sugar

### Chilled Juice | \$5.0

1 litres of chilled orange or apple juice

### San Pellegrino Sparkling Mineral Water | \$7.5

1 litre bottle